



**Exhibitors!
Topics for
All Ages!**

NATIONAL ASSOCIATION FOR DOWN SYNDROME

2016 CONFERENCE

Donald E. Stephens Convention Center
Rosemont, IL

Saturday, October 1, 2016

NADS 2016 Conference on Down Syndrome

Saturday, October 1, 2016

CONFERENCE SCHEDULE

8:00-9:00 AM	Registration
9:00 - 9:15 AM	Opening Remarks/Steve Connors, President, Diane Urhausen Executive Director
9:15 - 9:45 AM	"Family Matters: We All Have Special Needs" Cathy DiVincenzo, MD, Kids First Pediatric Partners, Skokie, IL
9:45 - 10:15 AM	"Black Day: The Monster Rock Band" Self-Advocate: Marcus Sikora Parent: Mardra Sikora
10:15 - 11:00 AM	Break and Exhibitor Perusal
11:00 - 12:15 PM	Workshops
12:15 - 12:30 PM	Lunch Pick Up
12:30 - 12:45 PM	The Future of the National Association for Down Syndrome / Steve Connors, President
12:30 - 1:15 PM	Lunch and Round Table Discussions
1:15 - 1:45 PM	Break & Exhibitor Perusal
1:45 - 3:00 PM	Workshops
3:00 - 3:15 PM	Break and Exhibitor Perusal
3:15 - 4:30 PM	Workshops

CONFERENCE FOR TEENS & ADULTS

Conference for teens and adults with Down syndrome (16 and older) will run concurrently with the general conference. Space will be limited so register early. NADS members will be given first priority. Absolutely no on-site registration.

8:30 - 9:00	Check-in
9:00 - 9:15	Welcome & Introductions

Participants will rotate through the 3 morning sessions

9:15 - 10:05	HeArtwords — Barry Siegel
10:05 - 10:20	Snack
10:25 - 11:15	Fire Safety — Mike Falese
11:20 - 12:10	Linked In — Sean Campbell
12:15 - 1:00	Lunch
1:00 - 2:00	Collective SOLE
2:00 - 3:00	Drama Group — Debbie Taus-Barth & Janine Neumann
3:15 - 4:15	Dance
4:15 - 4:30	Wrap Up

Choose **THREE** Workshops...

BIRTH TO THREE YEARS OLD

1. Transitioning from Early Intervention to Preschool (and Beyond!)

Gina Musielski, Family Resource Specialist STAR NET Region II, Arlington Heights, IL

Topics in this presentation will include the details of the transition process from Early Intervention to Preschool, what to expect from your school district, and what you can do as a parent advocate to aid the transition process. This workshop will help you to be a more comfortable and confident participant in the planning of educational services.

2. Communication and the Young Child with Down Syndrome

Julie Levin, MS, SLP, Wee Speech, P.C. Skokie, IL

This presentation will explore oral motor skills and communication skills in children with Down syndrome and will provide ideas to enhance speech, language, and feeding development.

3. Toilet Training for Children with Down Syndrome

Patti Boheme, MS, LCPC, Executive Vice President, Little Friends, Naperville, IL

This presentation will provide techniques that have successfully been used in teaching toilet training to individuals with Down syndrome of all ages and abilities.

FOUR TO TWELVE

4. The Whys of Behavior

Sarah Hively, MA, BCBA, Executive Director ABS Behavioral Services, Chicago, IL

This workshop will provide practical interventions to address challenging behaviors and the "whys" of them.

5. Thyroid Imbalance & Secondary Diagnosis of ADHD

Cathy DiVincenzo, MD Kids First Pediatric Partners, Skokie, IL

This presentation will discuss the role of Thyroid problems in relation to ADHD.

6. Friendships to Last: Fostering and Sustaining Positive Relationships in Intermediate and Middle School

Jennifer Naddeo, PhD, Director Special Education, District 54, Schaumburg, IL

This session will offer structures and strategies to foster friendships among students with and without disabilities especially in the critical years of grades 5-8.

7. Communication in the School-Aged Child with Down Syndrome

Julia Ecclestone, MA, CCC-SLP Speech-Language Pathologist, The University of Chicago Medicine, Chicago, IL

This workshop will discuss the strengths and challenges related to receptive (what we understand) and expressive (what we say) language, pragmatics (social components of communication), and touch on reading/literacy development as it relates to children with Down syndrome. We will also discuss ways to support communication including the use of Augmentative and Alternative Communication (AAC).

8. Inclusion: Dwell in the Possibilities!

Nancy Brown, Family Engagement Partner for the Illinois Autism Partnership (Easter Seals)

Bridget Brown, Inclusion Advocate, Second Vice President NADS, Co-Founder Butterflies for Change, Darien, IL

Learn some successful tools and strategies that help students have access to the curriculum and have a successful inclusive educational experience. Bridget is a young woman with Down syndrome who will share her inclusive educational experience. Nancy Brown, an inclusion advocate and facilitator, will share some tried and true success strategies.

TEENS AND ADULTS

9. Health and Aging with Down Syndrome

Erin Dominiak, MD Adult Down Syndrome Center, Park Ridge, IL

People with Down syndrome are living much longer. In the last 30-40 years, the average life expectancy has more than doubled from less than 30 years to 60 years today. With this increased longevity comes a need to understand how to promote healthy aging of individuals with Down syndrome. An improved understanding of the health issues that are more common, less common and/or present differently is an important aspect of promoting healthy aging.

10. Employment: A Parent's Guide

Roger Joseph B Cave Associate Director, Parents Alliance Employment Project, Lisle, IL

Mr. Cave will present and discuss the improved quality of life for persons with Down syndrome resulting from individualized employment. This workshop will also educate on how to prepare for the transition from school to the adult world of work.

11. Government Benefits and How They Work for Families with Disabilities

Alexandra Baig, MBA, CFP Waddell & Reed Financial Advisors Lisle, Illinois

This presentation will provide an in-depth look at Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI), Social Security for "Disabled Adult Children" (SSDAC), Medicare, Medicaid and the various programs available to people with disabilities who want to work but need to maintain their benefits through Work Incentives and the Ticket to Work Program.

12. Options in Living Arrangements for Adults with Down Syndrome

Marj Lee, Ed Drower, Laurie Jerue & Lawrence Msall

This workshop will focus on planning and identifying opportunities for independent living and housing options for individuals with Down syndrome by a panel of experienced family members.

ALL AGES

13. The Down Syndrome Information Act

Peter Smith, MD, MA, Associate Professor of Pediatrics University of Chicago Medicine

What is the Down Syndrome Information Act? This presentation will provide up-to-date reports and discussion of the Down Syndrome Information Act.

14. Using Mobile Technology for Independence and Community Living

Pat Politano, PhD, CCC-SLP, ATP UIC Institute on Disability and Human Development, Chicago, Illinois

Dr. Politano will discuss all the apps people with Down syndrome and their families are using. Topics include: creative ways smart phones and tablets are being used to stay connected with friends and family; communication of new ideas; shopping; listening to music, etc.

15. The Changing Role of Fathers of Children with Down Syndrome

A Panel of Members from the Local Chapter of D.A.D.S.

This workshop is open to MEN ONLY.

A panel of fathers from the local D.A.D.S. (Dads Appreciating Down Syndrome) chapter will share the mission of D.A.D.S., which includes the support of fathers and families of individuals with Down syndrome. In addition to personal parenting experiences, they will provide information on membership to and meetings of the D.A.D.S. local chapter.

16. Legal Planning for Persons with Down Syndrome

L. Mark Russell, JD, Mount Prospect, Illinois

This workshop will focus on estate planning for persons with Down syndrome and their families. Topics will include supplemental needs trusts and guardianship.

17. Fire Safety and Emergency Training

Mike Falese, Fire Chief Bartlett Fire Department, Bartlett, Illinois

This presentation will discuss awareness of how fires start: cooking, candles, fire places, and other behaviors. Additional topics will include other emergency situations (chest pain, seizures, choking), the proper steps to call for help, and the types of response and resources that will assist.

18. Oral Health Issues and Dental Care for Children, Adolescents, and Adults with Down Syndrome

Blase P. Brown, DDS, MS, FACD Assistant Clinical Professor: Department of Oral Medicine & Diagnostic Services Director of Small Group Learning UIC College of Dentistry

The objective of this workshop is to provide up to date information on the oral health and developmentally-related oral health issues in children, adolescents, and adults with Down syndrome. Oral disease risk, occurrence, prevention, treatment, and overall systemic health impact will be discussed. The current challenges of access to appropriate oral health care and establishment of a "dental home" will be presented as an open forum with the attendees.

19. Siblings in the Family System

Ellen Lonquist, MS, LMFT

In this workshop we will explore how having a child with Down syndrome may affect siblings in the family system-both the gifts and challenges-and ways for parents/guardians to navigate these dynamics.

20. Story Telling as Advocacy

Marcus & Mardra Sikors

Discover the power of stories to teach, to advocate and to open conversations

21. Expanding Beyond Down Syndrome: Teaching Students about ALL Disabilities to All Ages

Michelle Anderson, Self Advocate & Nancy Goodfellow, NADS Public Speaker

Come and learn about NADS new program where we teach students and educators about disability awareness.

22. #DSWorks

National Down Syndrome Society

Learn about an employment campaign that is designed to educate the general public about how individuals with Down syndrome are employable and should be included in all aspects of the workforce.

THE 2016 CONFERENCE ON DOWN SYNDROME

Saturday, October 1, 2016 | 8:00 AM to 4:30 PM

Donald E. Stephens Convention Center

9301 W. Bryn Mawr, Rosemont, IL 60018 | 847-696-9700

For directions, transportation, parking, etc. go to rosemont.com. Parking fee is \$15

HOTEL ACCOMMODATIONS:

NADS is holding a block of rooms at:

Aloft Chicago O'Hare, 9700 Balmoral Avenue, Rosemont, IL 60018

Book ONLINE at: www.starwoodmeeting.com/Book/nadsfall2016

For the NADS Conference Rate of \$139 + tax per night call 877-GO ALOFT and request a reservation under the group name NADS/National Association for Down Syndrome.

Conference rate is good through September 16, 2016.

Public Subway: Take Blue Line to River Road/Rosemont Station: 2 blocks south
Transportation: CTA/RTA Phone: 312-836-7000

REGISTER EARLY! For ONLINE REGISTRATION, Go To www.nads.org (a \$5.00 convenience fee will apply)

Parent/Professional Name(s).....

Teen/Adult Name(s).....Age.....

Address.....

City.....State..... Zip.....

Phone (.....)..... E-mail.....

Parent Professional Person w/DS (age 16+) Other

Please circle the THREE workshops you are most likely to attend:

1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22

Teens & Adults Program is open ONLY to people with DS ages 16 and over.

Registration on the day of the Conference is \$100 (Excludes Lunch)

Pre-Registration Fees (Includes lunch):

Parent – \$80 # Attending x \$80

2 adults from the same household – \$135 Couple Attending x \$135

Teen/Adult with Down syndrome – \$50 # Attending x \$50

Professional – \$125 # Attending x \$125

I am a professional and wish to have a Certificate of Attendance [CoA] to apply for CEU Credits.

NADS MEMBERSHIP DUES (optional):

Parent \$25 (1 Year) \$70 (3 Years) Amount

Professional \$30 (1 Year) \$85 (3 Years) Amount

Subscription is: New member Renewal

Additional Donation to NADS Amount

Lunch: I will require: gluten-free vegetarian **Total Amount Enclosed: \$.....**

Make checks payable to: NADS | Mail check and registration form to:
NADS, 1460 Renaissance Drive, Suite 405, Park Ridge, IL 60068

DEADLINE FOR REGISTRATION: September 16, 2016

NO REFUNDS AFTER SEPTEMBER 6, 2016

A \$20 processing fee will be deducted from all requests for refund of registration fees.

PLEASE REGISTER EARLY! Call 630-325-9112 with questions.