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SHAPING: STAY CLOSE

- 1. This is a practice. Do not use the procedure in real situations until you have completed the shaping. Start by taking a walk in the house (as a game). Say, "We're taking a walk. The rule is: stay close. You'll get a prize."**
- 2. Start walking with holding his hand for 2 sec. Drop his hand, and say, "The rule is stay close!" Be close enough to him to grab his hand if he moves out of arm's reach.**
- 3. As you walk, repeat the rule, "Stay close"; mark the behavior in a designated way to reinforce. This may be a direct treat, a star, a clicker, a coin, even a funny face. Present the reinforcer every 10 seconds as you walk and he meets the condition.**
- 4. As soon as he starts to bolt or moves out of arm's reach, grab his hand/arm and say, "Uh oh! You broke the rule. Now I have to hold your hand." Count 10 seconds while walking and holding his hand. He may be protesting and pulling. Stick with it.**
- 5. After 10 seconds of holding him (even if he still not cooperating), stop and say, "The rule is stay close. Try again!" Slowly release. Grab again if he bolts, but if he stays close start giving the rewards after 10 seconds of staying close. Just before giving rewards, say, "good staying close".**
- 6. Repeat this practice as often as you wish, but at least once a day. As he is successful, fade the treats to every 20 seconds, then every 30 seconds. Stay at 30 seconds until conferring with CBC consultant.**
- 7. The next phase is to walk around the house. When he is successful, walk down the block. When you reach consistent performance (0 bolts), generalize the procedure to an indoor mall, then the park, other walkways.**