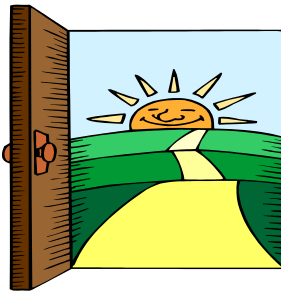


Getting What You Want Out of Life

A Group For Adults With Disabilities

How will you get what you want out of your life? This question can mean many things and is often overwhelming to those considering it.

In order to take the step necessary to live a personally fulfilling life, many skills need to be learned and practiced. This group is designed to support adults with disabilities by learning and practicing the skills needed to discover and understand personal strengths, build relationships, set goals and make choices in all areas of life. Please join us if you are wondering how to get where you want to be.



Who: Adults with disabilities (ages 18 and up)

When: Mondays, October 4th - December 6th, 2010



Time: 6:15pm-7:30pm

Where: Goldie Bachman Luftig Building
5150 W. Golf Road
Skokie, IL 60077



Cost: \$150 (scholarships available)

For more information or to arrange an intake interview please contact:
Jessica King, MSW, Disability Navigator at (773) 467-3741 or
Jessicaking@jcfs.org.

