



Join Us!

Come join us in supporting our 26th Annual Bowl-A-Thon. This major fundraising event supports NADS programs for children and adults with Down syndrome. We encourage all NADS members to help make this year's event a huge success.

**ALL ARE WELCOME!**

**SUNDAY, MARCH 6, 2011  
STARDUST BOWL  
37 EAST LORRAINE  
ADDISON, IL**

**SERVING THE DOWN SYNDROME  
COMMUNITY FOR 50 YEARS**

NADS is the oldest organization in the country serving individuals with Down syndrome and their families. It was founded in Chicago in 1961 by parents who chose to go against medical advice and raised their children with Down syndrome at home. Their pioneering efforts have made it easier for later generations of individuals with Down syndrome to be accepted by their families and communities, to develop their capabilities, and to work towards independence. Our mission is to ensure that all persons with Down syndrome have the opportunity to achieve their potential in all aspects of community life. We offer information, support and advocacy.

The direct support we provide to families is at the core of our mission, but we do not have the staff or the resources to provide services outside of the Chicago metropolitan area. However, many of our other services are available to a wider community, including our conference, products and publications, website and online Discussion Forum, and the information about Down syndrome we provide. Our members can be found throughout the United States and across the globe.



**National Association for Down Syndrome**  
Post Office Box 206  
Wilmette, IL 60091

630-325-9112 ■ [www.nads.org](http://www.nads.org)



**26th ANNUAL  
BOWL-A-THON**

**Sunday, March 6, 2011**

STARDUST BOWL  
37 East Lorraine  
Addison, IL



## NADS 26th ANNUAL BOWL-A-THON REGISTRATION FORM

Each bowler must register online at [www.nads.org](http://www.nads.org) or by completing the following information and submitting the form to NADS. All individual bowlers will need a pledge sheet with a minimum of \$100 in pledges. Please contact NADS at 630-325-9112 or visit [www.nads.org](http://www.nads.org) for pledge sheets or additional registration forms.

**(Please note: Only registered bowlers will be given a lane assignment and be eligible for door prizes.)**

Name .....

Address.....

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City.....

State..... Zip .....

Phone.....

E-Mail.....

Please list any friends or family members that will be registered bowlers who would like to share a lane assignment with you.

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**REGISTRATION DEADLINE:  
FEBRUARY 20, 2011**

**REGISTER ONLINE:**

You can register online at [www.nads.org](http://www.nads.org)

**OR,**

Send the completed registration form to:

**NADS  
P.O. Box 206  
Wilmette, IL 60091**

# BOWL-A-THON INSTRUCTIONS

## BEFORE THE BOWL-A-THON

- Each individual bowler must register by February 20, 2011. Register online at [www.nads.org](http://www.nads.org) or complete and mail the registration form.
- Only registered bowlers will be assigned to a bowling lane.
- If you are bowling with others, please list their names on the registration form.
- Bowlers participating on a team should include team name or other bowlers.
- Children can register individually or bowl as a partner with a registered bowler. If children are bowling as individuals they must register.
- There are a small number of bumper lanes available, but they are restricted to be used by children only. For safety reasons the bowling alley does not permit adults to bowl on bumper lanes.
- Information on the registration form is used for lane assignments and door prize drawings.

## COLLECTING PLEDGES

Since this is a fundraising event bowlers are encouraged to raise as much money as possible, a minimum of \$100 is required by each bowler. Teams will be required to have a minimum of \$100 for each bowler on their team.

- Encourage family and friends to visit your online fundraising page to make pledges.
- Use pledge sheets to collect pledges.
- Bowlers may obtain straight dollar amounts or per pin pledges.
- To help collect pledges, try sending out letters and a photo to family, friends, doctors, dentists, etc.
- Check with your employer about a matching gift program.
- Turn in pledges the day of the Bowl-A-Thon.
- Checks should be made out to NADS.
- Pledges not turned in at the Bowl-A-Thon should be sent to: NADS, PO Box 206, Wilmette, IL 60091.
- Prizes will be awarded for the most money turned in by April 11, 2011

## DAY OF THE BOWL-A-THON

- Registration begins at 11:00 AM. Bowling will start at 12:00 noon.
- Each individual bowler will need a pledge sheet with a minimum \$100 in pledges and any money they have already collected.
- Door prizes are for registered bowlers. Priority will be given to bowlers with the highest amounts pledged.
- Lane assignments will be given at registration.
- Registered bowlers will bowl three games.
- Shoe rental is FREE.
- Restaurant opens at 11:00 AM.
- Raffle winners will be announced at approximately 2:30 PM

## RAFFLE PRIZES

Help make this event a success by donating a prize or contacting businesses for prizes. Please contact NADS at 630-325-9112 if you, a family member or friend is able to donate tickets for sporting events, merchandise or restaurant gift certificates, electronics, hotel packages, theater tickets, etc. NADS will publicize the donation on the day of the event, in the NADS newsletters, and on our website. Members are encouraged to patronize businesses that support us.

## LANE AND EVENT SPONSORSHIP

Any employer, business, or group is invited to become a Lane or Event Sponsor for the Bowl-A-Thon. Lane and Event Sponsors' names will be displayed at the Bowl-A-Thon and publicized in the NADS newsletter and on our website. Members are encouraged to patronize businesses that support us. Please contact the NADS office at 630-325-9112 to discuss tailoring sponsorship opportunities to meet your needs.

